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January 13, 2020

NOW YOU KNOW

Dr. Jeanne Spurlock

Pioneer in the field of child psychiatry, Dr. Jeanne Spurlock was a researcher, professor, author and psychiatrist specializing in Black family life. She was the first African American and woman to be recognized for outstanding contributions to the field of clinical psychiatry and in 1988, awarded for furthering mental health treatment of African Americans. She is considered a trailblazer for women in Science, Technology, Engineering and Math (STEM) fields.

A negative experience in a hospital at age nine convinced her of the need for more caring doctors. Spurlock graduated Howard University College of Medicine in 1947 and with few African Americans entering psychiatry, she completed a residency program at Cook County Hospital in Chicago, Illinois. During the 1960's she continued her medical training, working in various positions and her own private practice. By 1973, Spurlock had become the visiting scientist at the National Institute of Mental Health. A year later, she became deputy medical director for the American Psychiatric Association – a position she held until 1991.

Spurlock was also an activist; lobbying law makers in Washington D.C to fund medical education programs for minorities and serving on numerous editorial boards. She published academic articles on sexism, the effects of racism on childhood development, the cultural misunderstandings within mental health and suggested therapy practices for people of color. During her lectures, she spoke of the importance of understanding the impact of social stresses and discrimination when working with patients of other races and cultures. She was the 1990 Guardian for Children Award recipient from the National Black Child Development Institute and won a Special Presidential Commendation from the American Psychiatry Association. One of her final projects, *Black Psychiatrists and American Psychiatry*, describes the experience of African American psychiatrists in academia, research, psychoanalysis and community psychiatry.

Sources: Blackpast.org; The Feminist Forester.com; Journal of Child & Adolescent Psychiatry; Wikipedia.org



2020 Legislative Session Commences

The 2020 legislative session opened Monday, January 13th. Known as a “short” session, it is scheduled for only 60-days, ending mid-March.



The 2020 Census begins April 1, 2020. An accurate count of Washington residents will ensure the fair distribution of political representation and of federal and state resources. These resources enable Washington to deliver services to children, veterans, senior citizens and families. Help us ensure that Everyone Counts in 2020.

JANUARY TO NOVEMBER 2020



MONEY '20

FINANCIAL SUCCESS WORKSHOPS

**MONEY TIPS &
HABITS**

2ND MONDAY
5:30 TO 7:30

**BUILDING
CREDIT**

4TH MONDAY
5:30 TO 7:30

**ANALYZE
& REVIEW**

1ST SATURDAY
9:00 TO 11:00

PROFESSIONAL ADVICE

FINANCIAL ADVISORS · CREDIT COUNSELORS · WEALTH & ASSET MANAGERS · AND MORE

CALL 253-383-2007

**DINNER, CHILDCARE, AND \$50
COMPLETION STIPENDS PROVIDED**

REGISTER AT WWW.THETACOMAURBANLEAGUE.ORG

**The Tacoma Urban League Presents the
Money '20 Financial Success Workshop Series!**

**From January to November 2020, obtain free professional advice about
your money, building credit and more from financial advisors, credit
counselors, wealth & asset managers.**

**Dinner, childcare and a \$50 completion stipend provided!
Sign up today at TheTacomaUrbanLeague.org**

MARTIN LUTHER KING JR. MEMORIAL BAPTIST CHURCH

MARTIN LUTHER KING JR. DAY CELEBRATION

THEME: 'THE REALITY OF DR. KING AUDACIOUS FAITH'



KEYNOTE SPEAKER
REV. DR. LINDA M. SMITH
 SKY Urban Empowerment and Transformation Center
 Renton, WA

~ WEDNESDAY, JANUARY 15, 2020 - 6:30 PM ~

MARTIN LUTHER KING JR. MEMORIAL BAPTIST CHURCH
 REV. JOHNNY J. YOUNGBLOOD - SENIOR PASTOR
 4519 NE 10TH STREET - RENTON WA, 98059

Rev. Johnny Younblood invites you
 Martin Luther King Jr. Day Celebration

Wednesday, Jan. 15, 2020
 6:30 PM
 Martin Luther King Jr. Memorial Baptist Church
 4519 NE 10th St.,
 Renton, Wa 98059

The Seattle MLK Youth Organizing Coalition Kick-Off Event is held the Sunday prior Dr. King Day - Sunday January 19th at Langston Hughes. Our Young Leaders will lead the way in song, dance, spoken-word, and more!

FREE and FAMILY FRIENDLY. There will be food, music, and fantastic fun celebrating our young people. and their participation in the 38th Annual Rev. Dr. Martin Luther King Jr. Birthday Celebration March and Rally!

We invite young people to register to be part of the programming for the day's events. The theme this year: "2020 Vision: _____"

Get involved!

Sunday, January 19, 2020 at 12 PM – 5 PM
 Langston Hughes Performing Arts Institute
 104 17th Ave S, Seattle, Washington 98144

MLK Youth Kick-Off!



© Susan Fried

Discover what a business plan can do for you at this free workshop. Make 2020 the year of your economic development!

**Tuesday, January 21, 2020
Noon to 4 PM
Tacoma Public Library
Wheelock Branch
3722 N. 26th St.
Tacoma, WA 98402**



Having Trouble With:

- ▶ Growing your business?
- ▶ Paying Higher Rent?
- ▶ Getting Funding?

**Get a FREE
Business Plan
in a Day**



Join Our Workshop in Tacoma This January!

Tuesday, January 21
Tacoma Library-
Wheelock Branch
3722 N 26th St
12:00pm to 4:00pm

**Register at:
[Facebook.com/
UrbanBizSPS](https://www.facebook.com/UrbanBizSPS)**



JPMORGAN
CHASE & CO.





BLACK RADIO SOLIDARITY

FREE COMMUNITY TOWN HALL

January 25, 2020
11:00 AM - 2:00 PM

Shiloh Baptist Church
1211 S. I Street • Tacoma, WA 98405

TOPICS Let's Vote... Be Counted... Let's March!

Driving Souls To The Polls

From November 2019 to November 2020

BY UNITING THE POWER OF THE PUBLIC
AIRWAVES TO DRIVE PEOPLE TO VOTE

Saving Our Democracy... One Voter At A Time



Sheryl
UNDERWOOD

Warren
BALLENTINE

GUEST PANELISTS

T'wina Nobles
President & CEO,
Tacoma Urban League

Rhonda Tilford
Former, US
Census Bureau

Julie Anderson
Pierce County Auditor

Keith Blocker
Tacoma City Councilman

Kristine Reeves
Former, WA State Representative,
30th Legislative District

Lyle Quasim
Tacoma/Pierce County Black
Collective, Co-Chair

Nate Miles
Vice President for Strategic Initiative,
Eli Lilly and Company

Victoria Woodards
Tacoma Mayor

EVENT PARTNERS



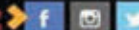
Tacoma
Urban League



FOR UPDATES, DETAILS OR TO DONATE, VISIT:

WWW.BLACKRADIOSOLIDARITY.COM

Connect on
Social Media



@BRS20192020

Driving souls to the Polls! Saving Our Democracy One Voter At A Time
Join in the discussion at this free community town hall meeting with
Queen of Comedy, Entertainer, & Philanthropist Sheryl Underwood!

Saturday, January 25, 2020

11 AM - 2 PM

Shiloh Baptist Church

1211 S. I Street, Tacoma, WA 98405



*HUG 5th Annual
Food Sovereignty*

Day of Action

2020 MLK Day

Honoring Dr. King's vision of a beloved community, this is a day of action! Join us in garden activities to maintain HUG's Urban Farm Network, craft medicines, and make art. Beloved community is a multi generational, family friendly event. Lunch is provided.

Jan 20th 9 am- 3 pm	2106 S Cushman Ave, Tacoma, WA 98405
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For more information
and to register [click
here](#)

Info: hugoperations@gmail.com
253-642-7336

Hilltop Urban Gardens 5th Annual Food Sovereignty Day of Action

**Honoring Dr. King's vision of a
beloved community, join in the
garden activities that maintain**

HUG's Urban Farm network

January 20, 2020 9AM - 3 PM

**2106 S. Cushman Ave. Tacoma,
WA 98405**

Info/Registration 253-642-7336

YOUTH SUMMIT

Talk. Plan. Act.

**January 31st 3-5pm, 2020
Eastside Youth 15-25 Years Old**

**Young people 15-25 years old - use your voice to
make a difference here. Share your ideas and lets
put them into action! Snacks provided. Childcare is
available. Questions? Contact Stephanie**

253-503-0460

SMALL BUSINESS/ DBE/ CONTRACTORS

WASHINGTON CHRISTIAN LEADERS COALITION
A. PHILIP RANDOLPH INSTITUTE

Charles Rolland African American

LEGISLATIVE

2020

DAY

MOVE

BRING IT TO THE CAPITAL

SAVE THE DATE to join us at the 12th Annual Charles Rolland African American Legislative Day to **MOVE** 2020 agendas. There will be open discussions, panels with our state officials and opportunities to have key issues be heard. We encourage youth to make their voices' heard in our youth programs and workshops.

FEBRUARY 17TH - 9 AM - 3PM
WASHINGTON STATE CAPITAL

FOR MORE INFORMATION VISIT APRISEATTLE.ORG/AALD
OR EMAIL CONTACT@APRISEATTLE.COM

APRISEATTLE

Meals are provided.
Bus transportation provided at various locations.
Bus schedule to be announced.

**FOR MORE INFORMATION VISIT APRISEATTLE.ORG/AALD
OR EMAIL CONTACT@APRISEATTLE.COM**

EMPLOYMENT/CAREER OPPORTUNITIES

Please see our website for additional announcements

WWW.CAA.WA.GOV/employment

WASHINGTON STATE OFFICE OF THE ATTORNEY GENERAL

Labor Relations Manager – Human Resources Division, Tumwater, WA. Closing 1/19/2020

Legal Assistant 2 – Wing Luke Civil Rights Division, Seattle, WA. Closing 1/15/2020

Legal Assistant 3 – Wing Luke Civil Rights Division, Seattle, WA. Closing 1/15/2020

WASHINGTON STATE DEPARTMENT OF CHILDREN, YOUTH AND FAMILIES openings

WASHINGTON STATE DEPARTMENT OF LABOR & INDUSTRIES openings

WASHINGTON STATE DEPARTMENT OF LICENSING openings

Driver Examining Administrator, Olympia, WA. Open continuous

WASHINGTON STATE EMPLOYMENT SECURITY DEPARTMENT openings

WASHINGTON STATE DEPARTMENT OF SOCIAL & HEALTH SERVICES openings

DSHS Summer Intern Program Applications accepted until February 6, 2020. Email jourdan.kovacs@dshs.wa.gov for announcement and instructions.

WASHINGTON STATE DEPARTMENT OF TRANSPORTATION

Highway Maintenance Worker 2, Federal Way, WA. Closing 1/20/2020

Statewide Director of Transportation Operations, Olympia, WA. Closing 1/26/2020

WASHINGTON STATE PATROL openings

CITY OF SEATTLE

Policy & Equitable Development Manager, Seattle, WA. Closing 1/21/2020

FIRST FEDERAL

Universal Banker, Bellingham, WA.

Customer Service Rep. Entry-Level Floating Teller, Port Angeles/Sequim, WA.

CITY OF BELLEVUE openings

CITY OF TACOMA openings

KING COUNTY openings

PIERCE COUNTY openings

SPOKANE COUNTY openings

CLARK COUNTY openings

SOUTH PUGET SOUND COMMUNITY COLLEGE openings

OLYMPIC COLLEGE openings

SPOKANE COMMUNITY COLLEGES openings